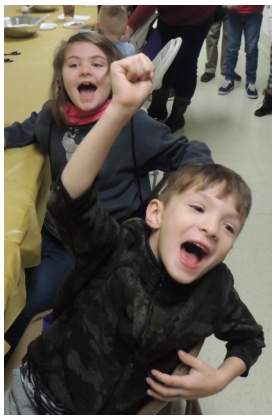
ORLEANS Community Health

Newsletter

Quarter 1 2019



Thank you to all of the OCH Staff that attended the Associates Christmas Party!

Thank you to all of the volunteers that helped make this such a wonderful event!

We hope you had a great time!

Breakfast with Santa

Breakfast with Santa was a HUGE success this year with over 200 in attendance!

2018 was the biggest year yet. So big in fact, we had to have Security in the parking lot! Security team pictured below.

Children, along with their families entered the hospital to check-in and then headed to have a delicious breakfast that was put-on by our very own OCH Nutrition Department.

Then they moved onto the cooking decorating station where the kids had their fill of sugar cookies frosting and sprinkles!

After the cookie station, the kids moved onto the crafting station where they made picture frames with the volunteers from ACT - Helping Youth ACT Responsibly and Orleans United DFC Coalition (GCASA), photo below.

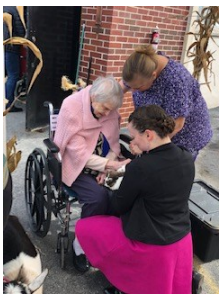
Finally the children made their way to Santa and Mrs. Claus to let Santa know if they had been acting naughty or nice, what they wanted for Christmas and to have a chat with Mrs. Claus. Oh and don't forget the pictures*!!

Thank you to all of the volunteers that helped make this event happen We are looking forward to a BIGGER and BETTER 2019 Breakfast with Santa!

*All of the pictures can be found on our Orleans Community Health Facebook Page.

OCH's Fall Festival

The NorthWing Residents enjoyed their annual Fall Festival with some furry visitors and a small pumpkin patch. The residents and their families enjoyed their time at this event!



Say Boo to the Flu

On October 8th OCH's Community Partners along with Leon's Gift and the Rotary Club of Albion vaccinated 59 kids against Influenza at the Albion Healthcare Center.

Leon's Gift was established as a non-profit organization in memory of Leon Sidari who was 4 ½ when he died on Christmas 2017, two days after getting the flu.

Leon is the son of Albion natives Laura (Lyman) Sidari and Tony Sidari. They are both medical doctors who are based in Dayton, Ohio.

This was the first of many events that are planned to educate the community on the importance of vaccinating against the Flu.

Snowman Door Decorating Contest

This year Orleans Community Heath held a door decorating contest to be in place prior to our annual Breakfast with Santa event. This year's theme was Snowmen. This theme was chosen to honor and represent all of the work OCH, along with many others, are doing with Leon's Gift and spreading knowledge about getting vaccinated for the Flu. Each participating department had their doors judged by residents from our very own NorthWing.

And the winners were....

THE PHARMACY DEPT!!!

Enjoy your Pizza Party!

Distinguished Alumni Award presented to OCH's Marion Miano, CDE,RN

Marion Miano was presented with the Distinguished Alumni Award from Tonawanda High School. Marion graduated from Tonawanda High School in 1950 and then graduated, first in her class, from E. J. Meyer Memorial Hospital's School of Nursing in 1953.

65 years later, Marion is still very active in her career presenting for senior citizen groups, teachers, nursing staff, health fairs and educational seminars all while still having her private practice.

Congratulations to Marion on this stellar achievement!

OCH's Pamela Heideman honored with Caring Hearts Award

Sarah | Pamela | Kerry

Pamela Heideman, was honored in December by the New York State Health Facilities Association and the New York State Center for Assisted Living with the Caring Hearts Award.

The Caring Hearts Award is presented to one who lends a hand in times of need, puts others needs before their own, makes a positive impact in the community, brings warmth to everyday activities, takes the time to listen, creates energetic team spirit, rallies around a cause and reaches out to make a difference. Per Pam's supervisors and peers, they agree!

Congratulations Pam on achieving the Caring Hearts Award!!

Struttin' Our Stuffin' & Pet Calendar Winners

Five teams of two competed in OCH's Fall Activity Challenge "Struttin' our Stuffin'". Participates logged 42, 640 minutes of activity over the 8 week challenge. The top three teams are as follows; coming in 3rd place: HR Trotters (Rebecca and Tish), with 5,520 minutes and 25 feather, in 2nd place: Thunder Turkeys (Brenda & Sheryl), with 8,042 minutes and 25 feathers, and in 1st place, No Seconds (Pat and Liz) with 12,831 minutes and 26 feathers!

Congratulations Pat & Liz!!

Thank you to everyone that submitted their pet photo(s) for the 2019 OCH Pet Calendar Contest. And thank you to everyone that purchased a 2019 OCH Pet Calendar. Congratulations to our winner Sophie (Jeannie) Wodo!!

Smoking Cessation Referral Champions

In 2018 OCH referred 293 Orleans County residents to the New York State Smokers Quitline.

92% of these referral came from our very own OCH Albion Healthcare Center!

The top 4 Champions are...

In 4th place with 48 referrals, Bridget Bausenwein.

In 3rd place with 50 referrals, Stephanie Wilson.

In 2nd place with 67 referrals, Ciarra Silversmith.

In 1st Place with 106 referrals, Alex Bresett.

Incredible job, Albion Healthcare Center!

Keep up the referrals for 2019!!!

ORLEANS Community Health

Health Awareness Word Search

H O K K X L K R M T Y Q Y U F O L U C Q E N Y S F
L T Z G Y X V Q D V A A M R F D X L A K T U A I S
R D L O R A K L E H D I T M E P F K E R H T D S I
W J W A M P D Z I P Y M Q W U Z R E H N Y R S O A
B E P M E M Y T E E S S I K B R W L A C R I I I A
Y M A U B H U E R T P M S S S N P T U K O T S R W
V D L R Y J L L Q E E W E E O K I O M L I I O T L
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U E T S C A N Z P F R C O S A N C L O L D T N Z B
D E I A Y L F B L B U O W T R T T E I S I C Z T L
U O C F X B Q V W H P M C H C V X Q R H I R J R N
P A M E R I C A N H E A R T M O N T H D C S S J N
R E C N A C L A T C E R O L O C X M W U A V R O D
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H K R C L Y A D Y E N D I K D L R O W G G F X P D
R A D O N A C T I O N V F L R E N S L N V D M V A

American Heart Month

Brain Awareness

Cervical Health

Children's Dental Health

Diabetes Alert Day

Endometriosis

Glaucoma

Multiple Sclerosis

National Donor Day

Nutrition Month

Poison Prevention Week

Purple for Epilepsy Day

Radon Action

Thyroid Awareness

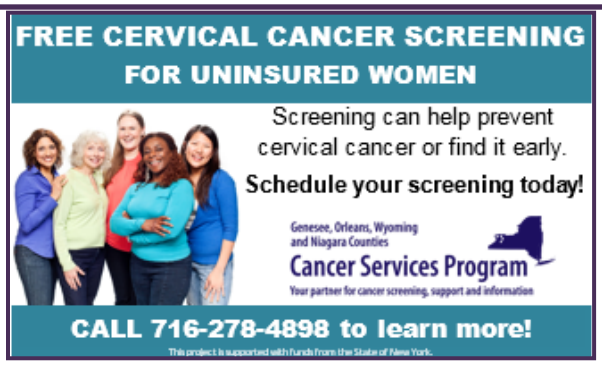
Tuberculosis Day

Wear Red Day

World Cancer Day

World Kidney Day

World Sleep Day



23rd Annual
For Women Only
Wednesday May 15th, 2019

FREE Prevent Type 2 Diabetes Program
starting in March 2019
Call 798-9541 for info